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Bwrdd Iechyd Prifysgol
Hywel Dda
University Health Board

STRICTLY CONFIDENTIAL

EPILEPSY PROFILE

Part 2

(For Clients and Carers)

NAME: Sarah Bellum

COMPLETED BY: Tom Jones (community Nurse)

DATE: 01.12.2020



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EPILEPSY PROFILE

Name: Sarah Louise Bellum

Address: The Provider, Care Agency, Pembrokeshire

Tel No: 01999 454647

DOB:01.12.1959

Sex: F

Next of Kin: Bryn Bellum

Address: Orchard way, Sunny town Pembrokeshire

Tel No: 01999 676869

GP: Dr Jones

Address: The surgery, Mountain Road, Pembrokeshire

Tel No: 01999 132435

Consultant Managing Epilepsy: Dr Branes

Address: The hospital, waterfall road, Pembrokeshire

Tel No: 01999 246810

Care Provider: Support to achieve

Address: The provider, Care Agency, Pembrokeshire

Tel No: 01999 454647

Care Manager: Sandy Downs

Address: CTLD, Ty Elwyn, Pembrokeshire, SA15 3AP

Tel No: 01999 123456

Clinical Nurse: Tom Jones

Address: CTLD, Ty Elwyn, Pembrokeshire, SA15 3AP

Tel No: 01999 123456

Epilepsy Specialist Nurse: N/a

Address:

Tel No:

Main Method of Mobility: Mobile Yes but not safe even over short distances, uses wheelchair for majority of transfers.

Wheelchair User: Yes

Mobility Aid: No

Date of Completion:01.12.2020

Day Centre: N/A

Signed

Review Date: 01.12.2021

SEIZURE DESCRIPTION



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Seizure Type A:

Trigger Signs:

- Can have more Seizures if feeling unwell
 - Can have more Seizures if he became too excited
-

Warning Signs:

- Has been reported to cry out just before seizure begins
 - Mostly in bed/asleep when seizures occur
 - If vocalising and laughing
-

What Happens during a Seizure?

- Loss of consciousness
 - Body will become rigid
 - If standing will fall backwards on to the floor (but mostly in bed when occurs)
 - Body will experience involuntary jerking movements – arms and legs
 - Involuntary noises can sometimes be heard-groaning, grunting or crying out
 - May bite tongue
 - May lose colour
 - Breathing may become rapid
-

How long do the Seizures last?

- Usually last 2-3 minutes
-

MANAGEMENT OF SEIZURE

Is Rescue Medication prescribed? No

When do the Seizures occur?

- Can occur at any time but are more present in the evening/ at night



Usual Recovery Period?

- Usually recovers quite quickly
- Though if a group of seizures over a few days happens then it can make them feel tired and sleepy. May require some rest.
- Once reported to take up to 20 minutes to recover during this time appeared tired, vacant and experienced heavy breathing.
- ***It is important that the patient is observed for 1 hour following a seizure.***

How often to the Seizures occur?

- Seizures can sometimes occur over a period of days; this normally happens when they are unwell.
- If a seizure has occurred there is an increased likelihood another may occur in the following days.
- Recently has had between 0 & 8 seizures a month.
- Cluster of seizures occurred on the 12-10-20, staff to contact community nurse if another happens as may need neurology follow up.

Has Status Epilepticus occurred?

- No

When should emergency Services be called?

- If seizure lasts more than 5 minutes with no sign of stopping
 - If seizure runs into another without recovery
 - If an injury is sustain requiring urgent medical attention
- *after 999 is contacted then follow the advice given by the operator and prepare a bag for them and staff cover in case admission is suggested by the Paramedic.

Copies circulated to:

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3 Social Worker	4

FIRST AID



DO

- **Stay Calm**
- **Loosen Any Tight Clothing Around The Neck**
- **Protect The Person From Injury (Remove Sharp Objects From Nearby; Or Guide Him Or Her Away From Danger If He/She Is Having A Complex Partial Seizure)**
- **Cushion His Or Her Head If He/She Falls Down**
- **Once The Seizure Has Finished Aid Breathing By Gently Placing The Person On His Or Her Side If He/She Has Fallen (The Picture Below Shows The Recovery Position)**
- **Stay With A Person Who Has Had A Tonic-Clonic Seizure Until He/She Comes Round And Is Fully Recovered**
- **Be Quietly Reassuring**

The Recovery Position



DON'T

- **Try To Restrain The Person Having The Seizure**
- **Put Anything In The Person's Mouth Or Force Anything Between His/Her Teeth**
- **Try To Move Him/Her Unless He/She Is In Danger**
- **Give The Person Anything To Drink Until He/She Is Fully Recovered**

EPILEPSY ACTION