



Key Messages



Person - See me not my disability

Assumptions - are not the truth

Understand - I may communicate or see the world differently

Listen - to me or those who may know me best

Reasonable adjustments - are essential for my care

Impact - how you treat me effects my future care

Distress - must be noticed, investigated and acted on

Document - essential details about me within my Traffic Light (Health Passport)



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Author: Paul Harris Permission from Jayne Nicholls and Jonathon Ridd The Paul Ridd Foundation



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